

2024 PHN Mentorship Program

DETAILS for Mentees

Apply [HERE](#) to be a mentee in the 2024 PHN Mentorship Program

Early submission is encouraged as applications will be reviewed on a rolling basis

Overview

Confluence Public Health Alliance (Confluence) and the Montana Public Health Association (MPHA) are excited to announce a mentorship program for public health nurses new to their position. The Mentorship Program will provide resources and training to increase foundational skills and competences while connecting new public health nurses with experienced public health nurses.

This PHN Mentorship Program is made possible with generous support from Montana DPHHS Public Health System Improvement Office.

Who is the Mentorship Program for?

Any public health nurse who is new to their position (0-3 years). Whether you are brand new or have a few years under your belt, if you would benefit from foundational skill building, please consider applying.

What you'll learn? Throughout the Mentorship Program, participants will:

- Understand the foundations of public health nursing, including concepts such as: roles and responsibilities, public health systems in Montana, and work-life balance.
- Understand where to find information, support and technical assistance to address public health nursing issues in local health jurisdictions.
- Explore cross-jurisdictional sharing and related issues in Montana.
- Create actionable strategies to expand your skills and enhance your public health nursing career.
- Assess training needs, knowledge gaps, and the role of nurses in public health.

Program Format:

The program consists of the following:

- Virtual skill building Webinars, Monthly, January - August, 1-2 hours. Webinars cover topics vetted by PHN Advising Team.
- Monthly virtual meeting between Mentors and Mentees
- 6-month peer-to-peer relationship with easy access to a mentor for each mentee and monthly check-in calls hosted by CPHA for the entire cohort.
- In Person with cohort of mentor-mentees at the [Confluence Conference](#) (April 1-3)
- The opportunity for each mentee-mentor pair to meet face-to-face at one of their health departments.
- Public Health Nursing Toolkit

- Online professional networking and peer learning via Connected Community

Fee: \$0. Program costs are covered including necessary lodging, meals, and travel reimbursed at the state rate. Specifically, covered costs for the in-person events:

- April 1 Meeting at the Confluence Conference held in Missoula, MT. includes 1 (2 if necessary) night of lodging, travel reimbursement, meal per diem, \$150 discount on conference registration.
- The opportunity for each mentee-mentor pair to meet face-to-face at one of their health departments.

Participants are required to have support from their respective supervisors for their time spent participating in the program. Please reach out if you need help to communicate the benefit of this program to your work.

How competitive is the application?

Confluence will try to accommodate as many applicants as possible. Should interest exceed our resources, mentees will be selected based on readiness to immerse themselves in the offerings.

Questions?

Contact: Desiree Restad, desiree.restad@cphamt.org