2024 PHN Mentorship Program

Information for Mentors

Click <u>HERE</u> to self-nominate to be a mentor in the 2024 PHN Mentorship Program

Overview

The MPHA is excited to announce a mentorship program for public health nurses new to their position. The Mentorship Program will provide resources and training to increase foundational skills and competences while connecting new public health nurses with experienced public health nurses.

This PHN Mentorship Program is made possible with generous support from Montana DPHHS Public Health System Improvement Office.

How are mentors selected?

The mentor role is self-nominated. Mentors will be selected based on geographical location, availability to participate, experience, and enthusiasm. Mentors will be paired with 1-2 mentees based on location, areas of expertise and individual goals, etc.

Who will be mentored?

Public health nurses who are **new to their position (0-3 years**) who would benefit from foundational skill-building and mentored guidance.

Program Format:

The program consists of the following:

- 1-2 hours of pre-work completed before January 31, 2023
- In Person with cohort of mentor-mentees at the Confluence Conference (April 1)
- Virtual skill building Webinars, Monthly, January August, 1-2 hours. Webinars cover topics vetted by PHN Advising Team.
- Monthly virtual meeting between Mentors and Mentees
- 6-month peer-to-peer relationship with easy access to a mentor for each mentee and monthly check-in calls hosted by CPHA for the entire cohort.
- The opportunity for each mentee-mentor pair to meet face-to-face at one of their health departments.
- Public Health Nursing Toolkit

• Online professional networking and peer learning via Connected Community.

Time commitment of the Mentor

- In Person Meeting with cohort of mentor-mentees at the Confluence Conference (April 1)
- A 6-month peer-to-peer relationship with easy access to mentee and monthly check-in calls hosted by CPHA for the entire cohort.
- The opportunity for each mentee-mentor pair to meet face-to-face at one of their health departments.

Mentor Compensation

For the April 1 in person meeting, covered costs include 1 (2 if necessary) night of lodging, travel reimbursement, meal per diem, \$150 discount on conference registration.

Questions?

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